



INSIDER'S GUIDE TO NORTH CONWAY, NH

WEATHERPROOF YOUR VACATION FUN - INDOOR POOL

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NORTH CONWAY'S HUMBLE BEGINNINGS

North Conway, NH was chartered in 1765 but at just over 2,000 residents, this is no booming metropolis! And that's just fine.

North Conway became a favorite spot for landscape artists in the 19th century. Their art was referred to as "White Mountain Art", which in turn led to the area becoming popular with tourists.

In 1872, the railroad extended service to North Conway and in 1932 "snow trains" began transporting enthusiasts to the area. North Conway IS the birthplace of American skiing. Skiing is still an important part of the charm of the village but biking, mountain climbing, hiking, kayaking, and outlet shopping have helped transform the area into a four-season resort area!

Visitors will find that there's no end to the indoor and outdoor activities in this quaint village. No matter the season, you can enjoy scenic vistas from inside a car, on foot, skiing, mountain climbing, kayaking or taking a train ride through the notches.

North Conway is home to over 70 restaurants from north to south on the Route 16 strip through the town! Please refrain from running to a chain restaurant - support a local restaurant instead!

After a long day's outlet shopping, hike or skiing, visitors seem to end up at a new favorite watering hole. Once settled at the bar or patio, raise a mug of frosty goodness to this surprising little village of contrasts: touristy and local, athletic and sedentary, charming and scrappy.

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5 EXPERIENCES YOU CANNOT MISS

1 GOOD FOOD & GREAT VIEW

THE LOCALS FAVORITE PLACE TO HAVE LUNCH OR SIP A COCKTAIL IS THE DECK AT THE NORTH CONWAY COUNTRY CLUB. THERE IS NO BETTER VANTAGE POINT IN THE VALLEY TO SEE THE MOAT AND PRESIDENTIAL RANGE! THE MENU IS VARIED AND THE PRICES ARE VERY REASONABLE.

2 PICNIC LUNCH ON A COVERED BRIDGE

NEW HAMPSHIRE IS LUCKY ENOUGH TO HAVE 54 HISTORICAL COVERED BRIDGES! PACK A LUNCH AND SPEND AN AFTERNOON IMAGINING THE CLIPPITY CLOP OF HORSES HOOVES ON THE WOOD, DROP PEBBLES INTO THE RIVER BELOW OR TRY YOUR LUCK AT FISHING FROM THE RIVERBANK. ENJOY OUR COUNTRY'S HISTORY!

3 GAZE...

IN RURAL NH WE DO NOT HAVE THE WASH OF CITY LIGHTS, WE ONLY HAVE STARS AND PLANETS AND SATELLITE STATIONS AND GALAXIES. IF YOU LOOK LONG ENOUGH, SHOOTING STARS! ENJOY!

4 TWO-FER'S

IF YOU'RE A LOCAL YOU KNOW THAT TUESDAY IS TWO-FER PIZZA AND THURSDAY IS TWO-FER FINE DINING AND OTHER NIGHTS HAVE TWO-FER EVERYTHING IN BETWEEN! CHECK OUT RED FOX BAR AND GRILLE AND STONEHURST MANOR. OUR 2 FAVS! GRAB THE CONWAY DAILY SUN, CHECK OUT THE SPECIALS AND PLAN YOUR WEEK!

5 WEATHER DISCOVER CENTER

THE MOUNT WASHINGTON OBSERVATORY WEATHER DISCOVERY CENTER IN THE MIDDLE OF THE VILLAGE OF NORTH CONWAY IS AN INTERACTIVE SCIENCE MUSEUM THAT BRINGS THE WONDER OF THE ATMOSPHERE RIGHT TO YOUR FINGERTIPS! ADMISSION IS VERY REASONABLE DUE TO THE GENEROUS DONATIONS OF MEMBERS AND DONORS!

5 UNUSUAL HAPPENINGS!

1 AN ADULT PROM.... ?

THIS IS AN ADULT ONLY EVENT AND IT'S SURE FUN! PROMS ARE WASTED ON THE YOUNG! WE KNOW THAT WE DON'T LOOK LIKE 18 YEAR OLDS AND CAN'T PARTY ALL NIGHT EITHER! HEAD TO THE RED PARKA PUB FOR SOME GREAT ENTERTAINMENT AND A LOT OF LAUGHS!

2 CHAMPIONSHIPS OF MUD FOOTBALL

WHAT CAN I SAY? I'M A REDNECK! THE CHAMPIONSHIPS OF MUD FOOTBALL TRADITION HAS BEEN TAKING PLACE FOR MORE THAN 40 YEARS. MAKE NO MISTAKE, THE FOLKS PLAYING MUD FOOTBALL ARE TOTALLY SERIOUS. DON'T MISS THE TOURNAMENT OF MUD PARADE TOO!



3 RETURN OF THE PUMPKIN PEOPLE

THE RETURN OF THE PUMPKIN PEOPLE EVENT IS A FREE AND SELF GUIDED TOUR! GRAB SOME FUN FOLKS AND HEAD OUT WITH AN OFFICIAL MAP. WE LOVE OUR PUMPKIN PEOPLE AND THERE IS A LOT OF LOCAL PRIDE IN BEING THE CREATOR OF ONE OF THE YEARLY FAVORITES!

4 BE KIND FESTIVAL

THE BE KIND FESTIVITIES INCLUDE; POETRY, PRAYER, SONGS, SPEAKERS AND MORE, FOLLOWED WITH RANDOM ACTS OF KINDNESS THROUGHOUT THE COMMUNITY. DON'T BE SURPRISED IF A STRANGER HANDS YOU A SMILEY FACE BALLOON OR PAYS FOR YOUR COFFEE.

5 WOODSMAN'S DAY

WHERE ELSE WILL YOU FIND HUNDREDS OF ELEMENTARY SCHOOL AGE CHILDREN DRESSED UP AS WOODSMEN BUT THE FRYEBURG FAIR? COMPETITIONS ALL DAY WITH NAMES LIKE STANDING BLOCK, SPRINGBOARD AND CHOP. DON'T ASK ME... JUST HEAD OVER AND SEE FOR YOURSELF!

A FEW HELPFUL TIPS

GETTING HERE...

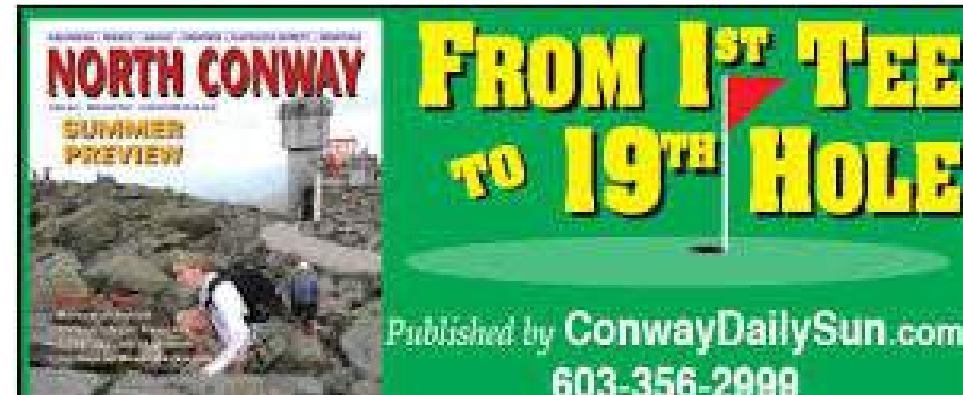
Traffic is worse than a 4 letter word! Here's how to beat the traffic, don't commute on Friday's or Sunday at noontime. Take an extra day off work and make your vacation really special! Most times of the year you can negotiate a great rate for a 3rd night's stay.

CONWAY DAILY SUN

Before you head north, check out the local newspaper online. Most have a "Calendar of Events" published once a week. It's there that you will see a complete list of happenings around town. There is so much going on in our communities for free or for a very low cost!

THE VALLEY ORIGINALS

Wouldn't you rather eat where the locals do? Check out license plates in restaurant parking lots. If there's all NH plates, park your car and head in! Trust me, you can't go wrong at a "Valley Original"!



TEENA'S THINGS TO AVOID

3 SEPARATE DEPARTMENTS

Don't drink and drive for your safety and mine. Most of New Hampshire is patrolled by State Police, Sherriff's Dept and local police. All 3 departments arrest. It's not worth it.



RIVERS AFTER RAINFALL

Rainwater comes rushing down from the mountains hours later and swells all our rivers and streams. This creates dangerous conditions.

Please be safe and check with the Fish and Game Department if you are unsure.



UNSAFE HIKING

The Internet has made it easy to be prepared for everything. There is no excuse to find yourself in an unsafe situation while hiking. There are numerous credible websites that have lists of items that you must do and carry when hiking. Be smart and safe...





THE REAL NEW HAMPSHIRE

Imagine a life where the pace slows down enough to allow you to look up from work and enjoy the sights, sounds, and smells of nature!

If you're a nature nut I'm happy to say that we lead the nation with 89% of our state covered in forest land! Our forests are dense and crisscrossed with plenty of hiking trails and remote roads to make exploring easier. A great way to spend a day is to have a local restaurant pack you a lunch and head out.

Head out, sit down and be quiet for a while... you'll be amazed what passes you by".

We have gorgeous mountains, a spectacular oceanfront for fishing or boating, lots of populated and remote lakes for kayaking, boating or fishing and forests that harbor a multitude of wild animals including moose, deer, porcupines, bobcats, coyotes and many more.



FAMILY FRIENDLY NORTH CONWAY, NH

New Hampshire is a wonderful destination for families with kids too. In addition to nature, we have water parks, tubing parks, amusement parks, nature educational programs, day camps aplenty and great children's museums.

Your kids will never be bored no matter what their interests are. For the athletic minded we have the best alpine skiing east of the Mississippi, world class cross country ski trails, challenging mountain climbs, scenic vistas at just about every turn, plentiful biking trails, ice climbing, horseback riding and lots more.

We have several ski mountains in the state that will challenge pros and beginners alike. If skiing or boarding aren't your love, then grab some boots and start climbing! Some prefer to ice climb to the top and either hike or snowshoe. However, you get there the views from the top are guaranteed to take your breath away!

One of the downfalls of NH is that we only have 2 major highways. I see that as a huge plus! That really means that there are hundreds of small, off the beaten path roads for biking, jogging, horseback riding and sauntering!

For the non-outdoorsy bunch for starters, we offer tax-free outlet mall shopping, quaint shops in North Conway Village, entertaining theater, intriguing museums, great restaurants for the foodie in you and talented musicians to entertain.



We try to make a vacation at the Four Seasons Lodge affordable for most groups.

We have accommodated groups of 2-20 guests in the past, and ALL have enjoyed their stay.

Feel free to contact me if your group is small or you have a special circumstance (handicap/elderly folks/special needs)!

Don't share your vacation memories with 40 other hotel guests...

our Private INDOOR Pool is ALL YOURS!

603.662.5391

www.FourSeasonsLodge.com

TRACK US DOWN!



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